

CBPS Students Acquires Leadership Skills



College of Biological and Physical Sciences Registrar, Mr. Mbali receives students Certificates of participation from the trainer, Ms. Joyce. Looking on are other staff members and students during the Leadership Training held at Tigoni Guest House, Limuru

On Saturday, November 19, 2016, the College of Biological and Physical Sciences Student leaders were trained on essential leadership skills. The training which took place at the University of Nairobi Tigoni Guest House was conducted by trainers from People Strategy Results (PRIMO). The student leaders were accompanied by the acting Principal, Prof. Weke, the College Registrar, Mr. Mbali, the Assistant Dean of students, Ms. Lucy Jiomba and the student Counselor, Ms. Lucy Kamau

The training was officially opened by the Ag. Principal, Prof. Weke who is also the Director, School of Mathematics. In his opening remarks, Prof. Weke encouraged the student leaders to take the training seriously and to put into practice the skills they would acquire. He noted that the

University of Nairobi has in the past produced prominent and influential National leaders such as Mr. James Orengo, Dr. Willy Mutunga and Prof. PLO Lumumba just to mention a few. He challenged the students attending the training to ensure they use their experiences as student leaders and the skills imparted as a foundation to improve their clubs and keep them active and competitive.

The objectives of the training were to;

- 1) Enable participants understand how self-awareness affects their Effectiveness as leaders
- 2) Introduce participants to positive and effective/sustainable ways of Increasing their influence
- 3) Increase participants' awareness of how they can be 360 degree leaders
- 4) Provide opportunity for peer learning and sharing of best practices

The trainers adopted a participative and interactive teaching methodology which encouraged participants to share their experiences and learn from each other. The training emphasized on the importance of student's leaders making informed decisions in their day to day undertakings. .

Among the topics the students were trained on included self-awareness skills and challenges encountered by student leaders and how they should overcome them.